

# Schedule Card:

#GroupFit #AdventureRun #LifeFit

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
8:00am							
9:00am							
10:00am							
11:00am							
12:00pm							
1:00pm							
2:00pm							
3:00pm							
4:00pm							
5:00pm							
6:00pm							
7:00pm		#LifeFit		#LifeFit		#LifeFit	
8:00pm		miniCHALLENGE		miniCHALLENGE		miniCHALLENGE	
9:00pm							